

May 2018

Northeast Jr High Breakfast & Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

1

- Smoothie
- Grapes

- Meat & Cheese Nachos
- Salsa
- Vegetable Choices
- Fruit Choices

2

- Frosted Strawberry Pop-Tart
- Banana

- Philly Cheesesteak Sandwich
- or
- BBQ Rib Sandwich
- Baked Tater Tots
- Vegetable Choices

3

- Chocolate Muffin
- Yogurt
- Orange Slices

- Chicken Nuggets
- Dinner Roll
- Mashed Potatoes
- Vegetable Choices
- Fruit Choices

4

- Mini Cinnamon Rolls
- Sliced Peaches

- Hot Dog (turkey)
- BBQ Baked Beans
- Vegetable Choices
- Fruit Choices

5

- Maple Glazed French Toast Sticks
- Syrup
- Applesauce

- Mini Corn Dogs (turkey)
- Baked Beans
- Vegetable Choices
- Fruit Choices

6

- Mini Breakfast Pizzas
- Sliced Peaches

- Walking Taco
- Salsa
- Vegetable Choices
- Fruit Choices

7

- Maple Mini Pancakes
- Banana

- BBQ Pulled Pork Sandwich
- or
- Meatball Sub
- Baked Waffle Fries
- Vegetable Choices
- Fruit Choices

8

- Breakfast Bites
- Syrup
- Pineapple Tidbits

- Mandarin Orange Chicken
- Fruit & Vegetable Choices
- Sliced Pears
- Vegetable Fried Rice
- Sugar Snap Peas

9

- Biscuits & Gravy
- Mandarin Oranges

- Pizza Crunchers
- Corn
- Vegetable Choices
- Fruit Choices

10

- Oatmeal Bar
- Sliced Pears

- Spicy Chicken Sandwich
- Vegetable Choices
- Fruit Choices

11

- Bacon Scramble Pizza
- Fresh Strawberries

- Fiestada Pizza/Taco Pizza
- Refried Beans
- Diced Tomatoes
- Vegetable Choices
- Fruit Choices

12

- Blueberry Muffin
- Yogurt
- Banana

- Spaghetti w/ Meat Sauce
- Garlic Bread
- Vegetable Choices
- Fruit Choices

13

- Mini Cinnamon Rolls
- Mixed Fruit

- Popcorn Chicken
- Mashed Potatoes
- Vegetable Choices
- Fruit Choices

14

- Strawberry Parfait
- Applesauce
- Cinnamon Crisps

- Cheeseburger
- Corn
- Vegetable Choices
- Fruit Choices

15

- Mini Breakfast Pizzas
- Cheese Stick
- Orange Slices

- Breaded Chicken Bites
- Dinner Roll
- Rice Krispie Treat
- Vegetable Choices
- Fruit Choices

16

- Blueberry Bash Mini Waffles
- Fresh Pineapple Wedge

- Nacho Bites
- Refried Beans
- Salsa
- Vegetable Choices
- Fruit Choices

17

- Frosted Fudge Pop-Tart
- Banana

- Crispito's
- Vegetable Choices
- Fruit Choices

18

- Cinnamon Glazed French Toast Sticks
- Syrup
- Sliced Peaches

- Cheesy Garlic French Bread Pizza
- Marinara sauce
- Vegetable Choices
- Fruit Choices

19

- Breakfast Sandwich
- Fresh Berries

½ DAY SCHOOL
NO LUNCHES

20

Cook's Choice

21

Cook's Choice

22

Cook's Choice

23

Cook's Choice

24

NO SCHOOL
MEMORIAL DAY

25

Cook's Choice

26

Cook's Choice

27

Cook's Choice

28

Cook's Choice

29

Cook's Choice

30

Cook's Choice

31

Did you Know...
The birthstone of May, the emerald, symbolizes success and love.

Breakfast

Our breakfast includes all items listed plus a choice of milk and juice.

Alternate Breakfast Entrees Offered Daily

- Cereal, Cereal Bars, Yogurt, Cheese Sticks, and Graham Crackers

Lunch

Our lunch includes:

- All items listed plus a choice of milk.

Alternate Lunch Entrees Offered Daily

- Deli Sandwiches
- BIG Salads
- Parfaits
- Wraps

Variety of Fresh Fruit & Vegetables Offered Daily

*Veggies available with reduced calorie ranch

For a color version of this menu and nutrition information, check out the food service department on the district website:

www.silvis34.net

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Menu subject to change without notice