

April 2018

Northeast Jr High Breakfast & Lunch Menu

Monday

2

No School

9

- Oatmeal Bar
- Sliced Pears
- Spicy Chicken Sandwich
- Vegetable Choices
- Fruit Choices

16

- Mini Breakfast Pizzas
- Cheese Stick
- Orange Slices
- Breaded Chicken Bites
- Dinner Roll
- Rice Krispie Treat
- Vegetable Choices
- Fruit Choices

23

- Scone
- Yogurt
- Fresh Pineapple Wedge
- Cheeseburger
- Deli Roasters
- Vegetable Choices
- Fruit Choices

30

- Graham Smacker
- Fresh Strawberries
- Godfathers Pizza
- Vegetable Choices
- Fruit Choices

Tuesday

3

- Mini Breakfast Pizzas
- Sliced Peaches
- Walking Taco
- Salsa
- Vegetable Choices
- Fruit Choices

10

- Bacon Scramble Pizza
- Fresh Strawberries
- Fiestada Pizza/Taco Pizza
- Refried Beans
- Diced Tomatoes
- Vegetable Choices
- Fruit Choices

17

- Maple Madness Mini Waffles
- Fresh Pineapple Wedge
- Nacho Bites
- Refried Beans
- Salsa
- Vegetable Choices
- Fruit Choices

24

- Pancakes
- Syrup
- Strawberries
- Soft Taco
- Refried Beans
- Mexican Rice
- Salsa
- Vegetable Choices
- Fruit Choices

Wednesday

4

- Strawberry Mini Pancakes
- Banana
- BBQ Pulled Pork Sandwich
- or
- Meatball Sub
- Baked Waffle Fries
- Vegetable Choices
- Fruit Choices

11

- Blueberry Muffin
- Yogurt
- Banana
- Spaghetti w/ Meat Sauce
- Garlic Bread
- Vegetable Choices
- Fruit Choices

18

- Frosted Fudge Pop-Tart
- Cheese Stick
- Banana
- Crispito's
- Vegetable Choices
- Fruit Choices

25

- Apple Frudel
- Banana
- Sloppy Joe
- Vegetable Choices
- Fruit Choices

Thursday

5

- Maple Glazed French Toast Sticks
- Syrup
- Applesauce
- Mini Corn Dogs (turkey)
- Baked Beans
- Vegetable Choices
- Fruit Choices

12

- Mini Cinnamon Rolls
- Mixed Fruit
- Popcorn Chicken
- Mashed Potatoes
- Vegetable Choices
- Fruit Choices

19

- Breakfast Sandwich
- Fresh Berries
- Spicy Chicken Fingers
- Or
- Chicken Fries
- Dinner Roll
- Mashed Potatoes
- Vegetable Choices
- Fruit Choices

26

- Cinnamon Roll
- String Cheese Stick
- Orange Slices
- Crispy Chicken Sandwich
- Vegetable Choices
- Fruit Choices

Friday

6

- Breakfast Bites
- Syrup
- Pineapple Tidbits
- Mandarin Orange Chicken
- Fruit & Vegetable Choices
- Sliced Pears
- Vegetable Fried Rice
- Sugar Snap Peas
- Fortune Cookie

13

- Mixed Berry Parfait
- Applesauce
- Cinnamon Crisps
- Crunchy Fish Sandwich
- Corn
- Vegetable Choices
- Fruit Choices

20

- Cinnamon Glazed French Toast Sticks
- Syrup
- Sliced Peaches
- Cheesy Garlic French Bread Pizza
- Marinara sauce
- Vegetable Choices
- Fruit Choices

27

- Cinnamon Rush Mini French Toast
- Mixed Fruit
- Bosco Sticks w/Marinara Sauce
- Vegetable Choices
- Fruit Choices

Breakfast

Our breakfast includes all items listed plus a choice of milk and juice.

Alternate Breakfast Entrees Offered Daily

- Cereal, Cereal Bars, Yogurt, Cheese Sticks, and Graham Crackers

Lunch

Our lunch includes:

- All items listed plus a choice of milk.

Alternate Lunch Entrees Offered Daily

- Deli Sandwiches
- BIG Salads
- Parfaits
- Wraps

Variety of Fresh Fruit & Vegetables Offered Daily

*Veggies available with reduced calorie ranch

For a color version of this menu and nutrition information, check out the food service department on the district website:

www.silvis34.net

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Menu subject to change without notice

Did You Know...

The Romans called this month Aprilis which may derive from the verb aperire meaning "to open", referring to flowers and fruits opening.