

MARCH 2018

Northeast Jr High Breakfast & Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Did You Know...

An old proverb says, "March comes in like a lion, and goes out like a lamb," which is reference to winter ending and spring beginning. Another popular saying is "March is mad as a hare," which is a reference to the animals fighting each other.

- 5**
- Mini Breakfast Pizzas
 - Cheese Stick
 - Orange Slices
-
- Breaded Chicken Bites
 - Dinner Roll
 - Rice Krispie Treat
 - Vegetable Choices
 - Fruit Choices

- 6**
- Blueberry Bash Mini Waffles
 - Fresh Pineapple Wedge
-
- Nacho Bites
 - Refried Beans
 - Salsa
 - Vegetable Choices
 - Fruit Choices

- 7**
- Frosted Fudge Pop-Tart
 - Colby Jack Cheese Stick
 - Banana
-
- Crispito's
 - Vegetable Choices
 - Fruit Choices

- 1**
- Mini Cinnamon Rolls
 - Mixed Fruit
-
- Popcorn Chicken
 - Mashed Potatoes
 - Vegetable Choices
 - Fruit Choices

- 2**
- Strawberry Parfait
 - Applesauce
 - Cinnamon Crisps
-
- Pepperoni or Cheesy Garlic French Bread Pizza
 - Corn
 - Vegetable Choices
 - Fruit Choices

- 8**
- Breakfast Sandwich
 - Fresh Berries
-
- Spicy Chicken Fingers
 - Or
 - Chicken Fries
 - Dinner Roll
 - Mashed Potatoes
 - Vegetable Choices
 - Fruit Choices

- 9**
- Cook's Choice
 - Fruit Choices
-
- ½ DAY SCHOOL
NO LUNCHES

NO SCHOOL
SPRING BREAK

NO SCHOOL
SPRING BREAK

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SPRING BREAK

- 26**
- Graham Smacker
 - Fresh Strawberries
-
- Godfathers Pizza
 - Vegetable Choices
 - Fruit Choices

- 27**
- Orange Smoothie
 - Grapes
-
- Meat & Cheese Nachos
 - Salsa
 - Vegetable Choices
 - Fruit Choices

- 28**
- Frosted Strawberry Pop-Tart
 - Banana
-
- Philly Cheesesteak Sandwich
 - or
 - BBQ Rib Sandwich
 - Baked Tater Tots
 - Vegetable Choices

- 29**
- Chocolate Muffin
 - Yogurt
 - Orange Slices
-
- Chicken Nuggets
 - Dinner Roll
 - Mashed Potatoes
 - Vegetable Choices
 - Fruit Choices

30

NO SCHOOL

Breakfast

Our breakfast includes all items listed plus a choice of milk and juice.

Alternate Breakfast Entrees Offered Daily

- Cereal, Cereal Bars, Yogurt, Cheese Sticks, and Graham Crackers

Lunch

Our lunch includes:

- All items listed plus a choice of milk.

Alternate Lunch Entrees Offered Daily

- Deli Sandwiches
- BIG Salads
- Parfaits
- Wraps

Variety of Fresh Fruit & Vegetables Offered Daily
*Veggies available with reduced calorie ranch

For a color version of this menu and nutrition information, check out the food service department on the district website:
www.silvis34.net

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Menu subject to change without notice