

FEBRUARY 2018

Northeast Jr High Breakfast & Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

BEFORE JULIUS CAESAR'S CALENDAR REFORM OF 45BC, FEBRUARY WAS THE ONLY MONTH WITH AN EVEN NUMBER OF DAYS. ALL THE REST HAD 29 OR 31.

- 5**
- Scone
 - Yogurt
 - Fresh Pineapple Wedge
 - Cheeseburger
 - Deli Roasters
 - Vegetable Choices
 - Fruit Choices

- 6**
- Pancakes
 - Syrup
 - Strawberries

- Soft Taco
- Refried Beans
- Mexican Rice
- Salsa
- Vegetable Choices
- Fruit Choices

- 7**
- Apple Frudel
 - Banana
 - Sloppy Joe
 - Vegetable Choices
 - Fruit Choices

- 1**
- Mini Breakfast Pizzas
 - Cheese Stick
 - Orange Slices
 - Turkey & Gravy
 - Dinner Roll
 - Mashed Potatoes
 - Rice Krispie Treat
 - Vegetable Choices
 - Fruit Choices

- 2**
- Cinnamon Glazed French Toast Sticks
 - Syrup
 - Sliced Peaches
 - Cheesy Garlic French Bread Pizza
 - Marinara sauce
 - Vegetable Choices
 - Fruit Choices

- 8**
- Cinnamon Roll
 - String Cheese Stick
 - Orange Slices
 - Crispy Chicken Sandwich
 - Vegetable Choices
 - Fruit Choices

- 9**
- Cinnamon Rush Mini French Toast
 - Mixed Fruit
 - Bosco Sticks
 - Marinara Sauce
 - Vegetable Choices
 - Fruit Choices

- 12**
- Graham Smacker
 - Strawberries
 - Godfathers Pizza
 - Vegetable Choices
 - Fruit Choices

- 13**
- Smoothie
 - Grapes
 - Meat & Cheese Nachos
 - Salsa
 - Vegetable Choices
 - Fruit Choices

- 14**
- Chocolate Muffin
 - Banana
 - Fish Sandwich
 - Vegetable Choices
 - Fruit Choices

- 15**
- Mini Cinnamon Rolls
 - Sliced Peaches
 - Chicken Nuggets
 - Dinner Roll
 - Mashed Potatoes
 - Vegetable Choices
 - Fruit Choices

16
NO SCHOOL
Lincoln's Birthday
Observance

19
NO SCHOOL

- 20**
- Mini Breakfast Pizzas
 - Sliced Peaches
 - Walking Taco
 - Refried Beans
 - Salsa
 - Vegetable Choices
 - Fruit Choices

- 21**
- Maple Mini Pancakes
 - Banana
 - Grilled Cheese Sandwich
 - Tomato Soup
 - Crackers
 - Vegetable Choices
 - Fruit Choices

- 22**
- Breakfast Bites (turkey)
 - Syrup
 - Pineapple Tidbits
 - General TSO's Chicken
 - Vegetable Fried Rice
 - Vegetable Choices
 - Fruit Choices
 - Fortune Cookie

- 23**
- Maple Glazed French Toast Sticks
 - Syrup
 - Applesauce
 - Mac & Cheese or
 - BBQ Pulled Pork Sandwich
 - Vegetable Choices

- 26**
- Oatmeal Bar
 - Sliced Pears
 - Spicy Chicken Sandwich
 - Vegetable Choices
 - Fruit Choices

- 27**
- Bacon Scramble Pizza (turkey)
 - Strawberries
 - Fiestada Pizza/Taco Pizza
 - Refried Beans
 - Salsa
 - Vegetable Choices
 - Fruit Choices

- 28**
- Blueberry Muffin
 - Banana
 - Spaghetti w/ Meat Sauce
 - Garlic Bread
 - Vegetable Choices
 - Fruit Choices

Breakfast

Our breakfast includes all items listed plus a choice of milk and juice.

Alternate Breakfast Entrees Offered Daily

- Cereal, Cereal Bars, Yogurt, Cheese Sticks, and Graham Crackers

Lunch

Our lunch includes:

- All items listed plus a choice of milk.

Alternate Lunch Entrees Offered Daily

- Deli Sandwiches
- BIG Salads
- Parfaits
- Wraps

Variety of Fresh Fruit & Vegetables Offered Daily

*Veggies available with reduced calorie ranch

For a color version of this menu and nutrition information, check out the food service department on the district website:

www.silvis34.net

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Menu subject to change without notice

