

# FEBRUARY 2018

## George O Barr Elementary Breakfast & Lunch Menu

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

### DID YOU KNOW...

BEFORE JULIUS CAESAR'S CALENDAR REFORM OF 45BC, FEBRUARY WAS THE ONLY MONTH WITH AN EVEN NUMBER OF DAYS. ALL THE REST HAD 29 OR 31.

- 5**
- Assorted Cereal
  - Yogurt
  - Fresh Pineapple Wedge
- 
- Hamburger
- Fruit & Vegetable Choices
- Apple Slices
  - Deli Roasters
  - Celery Sticks

- 6**
- Cinnamon Roll
  - String Cheese Stick
  - Applesauce
- 
- Soft Taco
- Fruit & Vegetable Choices
- Orange Slices
  - Refried Beans
  - Shredded Lettuce
  - Salsa

- 7**
- Apple Frudel
  - Banana
- 
- Sloppy Joe
- Fruit & Vegetable Choices
- Strawberries
  - Carroteenies
  - Cucumber Slices

- 8**
- Maple Mini Pancakes
  - Sliced Pears
- 
- Crispy Chicken Sandwich
- Fruit & Vegetable Choices
- Sliced Peaches
  - Broccoli Florets
  - Corn

- 9**
- NO SCHOOL
- PARENT / TEACHER  
CONFERENCE

- 12**
- Assorted Cereal
  - Colby Jack Cheese Stick
  - Strawberries
- 
- Mac & Cheese
- Fruit & Vegetable Choices
- Fresh Pineapple Wedge
  - Celery Sticks
  - Grape Tomatoes
  - Mandarin Oranges

- 13**
- Smoothie
  - Chocolate Elf Grahams
  - Grapes
- 
- Meat & Cheese Nachos
- Fruit & Vegetable Choices
- Apple Slices
  - Refried Beans
  - Salsa

- 14**
- Frosted Strawberry Pop-Tart
  - String Cheese Stick
  - Banana
- 
- Lasagna
  - Garlic Bread
- Fruit & Vegetable Choices
- Mixed Fruit
  - Chopped Romaine

- 15**
- Chocolate Muffin
  - Yogurt
  - Orange Slices
- 
- Chicken Nuggets
  - Dinner Roll
- Fruit & Vegetable Choices
- Strawberries
  - Mashed Potatoes

- 16**
- NO SCHOOL
- Lincoln's Birthday  
Observance

- 19**
- NO SCHOOL
- PRESIDENT'S  
DAY

- 20**
- Mini Breakfast Pizzas
  - Sliced Peaches
- 
- Walking Taco
- Fruit & Vegetable Choices
- Apple Slices
  - Carroteenies
  - Diced Tomatoes

- 21**
- Assorted Cereal
  - Bug Bite Graham Crackers
  - Banana
- 
- Grilled Cheese Sandwich
  - Tomato Soup
- Fruit & Vegetable Choices
- Mixed Fruit
  - Broccoli Florets

- 22**
- Breakfast Bites (turkey)
  - Syrup
  - Pineapple Tidbits
- 
- Mandarin Orange Chicken
- Fruit & Vegetable Choices
- Sliced Pears
  - Vegetable Fried Rice
  - Sugar Snap Peas

- 23**
- Assorted Cereal Bars
  - Yogurt
  - Mandarin Oranges
- 
- Pizza Crunchers
- Fruit & Vegetable Choices
- Fruit Choice
  - Vegetable Choices
  - Corn

- 26**
- Oatmeal Bar
  - Sliced Pears
- 
- Hot Dog (turkey)
- Fruit & Vegetable Choices
- Grapes
  - BBQ Baked Beans
  - Celery Sticks

- 27**
- Bacon Scramble Pizza (turkey)
  - Strawberries
- 
- Fiestada Pizza/Taco Pizza
- Fruit & Vegetable Choices
- Orange Slices
  - Cucumber Slices
  - Shredded Lettuce
  - Diced Tomatoes

- 28**
- Blueberry Muffin
  - Banana
- 
- Spaghetti w/ Meat Sauce
  - Garlic Bread
- Fruit & Vegetable Choices
- Sliced Pears
  - Chopped Romaine
  - Mixed Fruit

**Breakfast**  
Our breakfast includes all items listed plus a choice of milk and juice.

**Lunch**  
Our lunch includes all items listed plus a choice of milk.

**Fruit & Veggie Choices**  
Students get to choose from a variety of fruits & Veggies!  
Fat free ranch offered daily for fresh vegetables.

For a color version of this menu and nutrition information, check out the food service department on the district website:  
[www.silvis34.net](http://www.silvis34.net)

The USDA & SFA prohibit discrimination on the basis of race, color, national origin, sex, age, or disability. The USDA & SFA are an equal opportunity provider & employer.

\*Menu subject to change without notice\*

