

FEBRUARY 2018

George O Barr Elementary Breakfast & Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

BEFORE JULIUS CAESAR'S CALENDAR REFORM OF 45BC, FEBRUARY WAS THE ONLY MONTH WITH AN EVEN NUMBER OF DAYS. ALL THE REST HAD 29 OR 31.

- 5**
- Assorted Cereal
 - Yogurt
 - Fresh Pineapple Wedge
 - Hamburger
 - Fruit & Vegetable Choices
 - Apple Slices
 - Deli Roasters
 - Celery Sticks

- 6**
- Cinnamon Roll
 - String Cheese Stick
 - Applesauce
 - Soft Taco
 - Fruit & Vegetable Choices
 - Orange Slices
 - Refried Beans
 - Shredded Lettuce
 - Salsa

- 7**
- Apple Frudel
 - Banana
 - Sloppy Joe
 - Fruit & Vegetable Choices
 - Strawberries
 - Carroteenies
 - Cucumber Slices

- 1**
- Assorted Cereal
 - String Cheese Stick
 - Orange Slices
 - Turkey & Gravy
 - Dinner Roll
 - Mini Rice Krispie Treat
 - Fruit & Vegetable Choices
 - Fruit Cocktail
 - Mashed Potatoes

- 2**
- Cinnamon Glazed French Toast Sticks
 - Syrup
 - Sliced Peaches
 - Galaxy Cheese Pizza
 - Fruit & Vegetable Choices
 - Fruit Choice
 - Vegetable Choices
 - Green Beans

- 8**
- Maple Mini Pancakes
 - Sliced Pears
 - Crispy Chicken Sandwich
 - Fruit & Vegetable Choices
 - Sliced Peaches
 - Broccoli Florets
 - Corn

- 9**
- Cinnamon Rush Mini French Toast
 - Mixed Fruit
 - Max Sticks
 - Marinara Sauce
 - Fruit & Vegetable Choices
 - Fruit Choice
 - Vegetable Choices
 - Green Beans

- 12**
- Assorted Cereal
 - Colby Jack Cheese Stick
 - Strawberries
 - Mac & Cheese
 - Fruit & Vegetable Choices
 - Fresh Pineapple Wedge
 - Celery Sticks
 - Grape Tomatoes
 - Mandarin Oranges

- 13**
- Smoothie
 - Chocolate Elf Grahams
 - Grapes
 - Meat & Cheese Nachos
 - Fruit & Vegetable Choices
 - Apple Slices
 - Refried Beans
 - Salsa

- 14**
- Frosted Strawberry Pop-Tart
 - String Cheese Stick
 - Banana
 - Fish Sandwich
 - Fruit & Vegetable Choices
 - Mixed Fruit
 - Applesauce
 - Chopped Romaine

- 15**
- Chocolate Muffin
 - Yogurt
 - Orange Slices
 - Chicken Nuggets
 - Dinner Roll
 - Fruit & Vegetable Choices
 - Strawberries
 - Mashed Potatoes

16

NO SCHOOL

Lincoln's Birthday Observance

19

NO SCHOOL

- 20**
- Mini Breakfast Pizzas
 - Sliced Peaches
 - Walking Taco
 - Fruit & Vegetable Choices
 - Apple Slices
 - Carroteenies
 - Diced Tomatoes

- 21**
- Assorted Cereal
 - Bug Bite Graham Crackers
 - Banana
 - Grilled Cheese Sandwich
 - Tomato Soup
 - Fruit & Vegetable Choices
 - Mixed Fruit
 - Broccoli Florets

- 22**
- Breakfast Bites (turkey)
 - Syrup
 - Pineapple Tidbits
 - Mandarin Orange Chicken
 - Fruit & Vegetable Choices
 - Sliced Pears
 - Vegetable Fried Rice
 - Sugar Snap Peas

- 23**
- Assorted Cereal Bars
 - Yogurt
 - Mandarin Oranges
 - Bosco Sticks w/ marinara sauce (optional)
 - Fruit & Vegetable Choices
 - Fruit Choice
 - Vegetable Choices
 - Corn

- 26**
- Oatmeal Bar
 - Sliced Pears
 - Hot Dog (turkey)
 - Fruit & Vegetable Choices
 - Grapes
 - BBQ Baked Beans
 - Celery Sticks

- 27**
- Bacon Scramble Pizza (turkey)
 - Strawberries
 - Fiestada Pizza/Taco Pizza
 - Fruit & Vegetable Choices
 - Orange Slices
 - Cucumber Slices
 - Shredded Lettuce
 - Diced Tomatoes

- 28**
- Blueberry Muffin
 - Banana
 - Spaghetti w/ Meat Sauce
 - Garlic Bread
 - Fruit & Vegetable Choices
 - Sliced Pears
 - Chopped Romaine
 - Mixed Fruit

Breakfast
Our breakfast includes all items listed plus a choice of milk and juice.

Lunch
Our lunch includes all items listed plus a choice of milk.

Fruit & Veggie Choices
Students get to choose from a variety of fruits & Veggies!
Fat free ranch offered daily for fresh vegetables.

For a color version of this menu and nutrition information, check out the food service department on the district website:
www.silvis34.net

*****Bosco Sticks*****
New item for the elementary school served Feb 23rd. Tell the kitchen what you think and we might add it to the menu next year!

The USDA & SFA prohibit discrimination on the basis of race, color, national origin, sex, age, or disability. The USDA & SFA are an equal opportunity provider & employer.

Menu subject to change without notice

