

AUGUST 2017

Northeast Jr High Breakfast & Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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- Scone
- Yogurt
- Fresh Pineapple Wedge
- Cheeseburger
- Deli Roasters
- Vegetable Choices
- Fruit Choices

- Pancakes
- Syrup
- Strawberries
- Soft Taco
- Refried Beans
- Mexican Rice
- Salsa
- Vegetable Choices
- Fruit Choices

- Apple Frudel
- Banana
- Sloppy Joe
- Vegetable Choices
- Fruit Choices

- Cinnamon Roll
- String Cheese Stick
- Orange Slices
- Crispy Chicken Sandwich
- Vegetable Choices
- Fruit Choices

- Cinnamon Rush Mini French Toast
- Mixed Fruit
- Bosco Sticks
- Marinara Sauce
- Vegetable Choices
- Fruit Choices

- Graham Smacker
- Fresh Strawberries
- Godfathers Pizza
- Vegetable Choices
- Fruit Choices

- Purple Daze Smoothie
- Grapes
- Meat & Cheese Nachos
- Salsa
- Vegetable Choices
- Fruit Choices

- Frosted Strawberry Pop-Tart
- Banana
- Philly Cheesesteak Sandwich
- or
- BBQ Rib Sandwich
- Baked Tater Tots
- Vegetable Choices
- Fruit Choices

- Chocolate Muffin
- Orange Slices
- Chicken Nuggets
- Dinner Roll
- Mashed Potatoes
- Vegetable Choices
- Fruit Choices

- Mini Cinnamon Rolls
- Sliced Peaches
- Hot Dog (turkey)
- BBQ Baked Beans
- Vegetable Choices
- Fruit Choices

- Maple Glazed French Toast Sticks
- Syrup
- Applesauce
- Mini Corn Dogs (turkey)
- Baked Beans
- Vegetable Choices
- Fruit Choices

- Mini Breakfast Pizzas
- Sliced Peaches
- Walking Taco
- Salsa
- Vegetable Choices
- Fruit Choices

- Strawberry Mini Pancakes
- Banana
- BBQ Pulled Pork Sandwich
- or
- Meatball Sub
- Baked Waffle Fries
- Vegetable Choices
- Fruit Choices

- Breakfast Bites
- Syrup
- Pineapple Tidbits
- Mandarin Orange Chicken
- Fruit & Vegetable Choices
- Sliced Pears
- Vegetable Fried Rice
- Sugar Snap Peas
- Fortune Cookie

- Biscuits & Gravy
- Mandarin Oranges
- Pizza Crunchers
- Corn
- Vegetable Choices
- Fruit Choices

- Oatmeal Bar
- Sliced Pears
- Spicy Chicken Sandwich
- Vegetable Choices
- Fruit Choices

- Bacon Scramble Pizza
- Fresh Strawberries
- Fiestada Pizza/Taco Pizza
- Refried Beans
- Salsa
- Vegetable Choices
- Fruit Choices

- Blueberry Muffin
- Banana
- Spaghetti w/ Meat Sauce
- Garlic Bread
- Vegetable Choices
- Fruit Choices

- Mini Cinnamon Rolls
- Mixed Fruit
- Popcorn Chicken
- Mashed Potatoes
- Vegetable Choices
- Fruit Choices

DID YOU KNOW...
August was named after Augustus Caesar

Breakfast

Our breakfast includes all items listed plus a choice of milk and juice.

Alternate Breakfast Entrees Offered Daily

- Cereal, Cereal Bars, Yogurt, Cheese Sticks, and Graham Crackers

Lunch

Our lunch includes:

- All items listed plus a choice of milk.

Alternate Lunch Entrees Offered Daily

- Deli Sandwiches
- BIG Salads
- Parfaits
- Wraps

Variety of Fresh Fruit & Vegetables Offered Daily

*Veggies available with reduced calorie ranch

For a color version of this menu and nutrition information, check out the food service department on the district website:

www.silvis34.net

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Menu subject to change without notice